



**STATE OF CONNECTICUT, DEPARTMENT OF PUBLIC SAFETY-
INVESTIGATION REPORT (DPS-302-E) (REVISED 2/3/06)**

Report #: 1200704559 - 00018360

Report Type: Initial Report: Prosecutors Report: Supplement: Re-open: Assist: Closing:

Attachments: Statements: Teletype: Photos: Sketchmap: Evidence: Other:

CFS NO 1200704559	INCIDENT DATE 12/14/2012	TIME 09:41	INCIDENT DATE 12/14/2012	TIME	PRIMARY OFFICER JEWISS, DANIEL E.	BADGE NO 0837	INVESTIGATING OFFICER DOWNS, MICHAEL A.	BADGE NO 0502
INCIDENT ADDRESS 00012 Dickinson Dr. Dr/ Newtown 06482					APARTMENT NO	TOWN CD T097	TYPE OF EXCEPTIONAL CLEARANCE Not Applicable	CASE STATUS Active

STATUS CODE C=COMPLAINANT V=VICTIM A=ARRESTEE J=JUVENILE H=OTHER M=MISSING W=WITNESS O=OFFENDER D=DRIVER S=SUSPECT P=POLICE OFFICER T=TOT

STATUS	NAME	SEX	RACE	D.O.B.	TELEPHONE	ADDRESS	OP STATE & NO.
H						03 04	

PHONE INTERVIEW- [REDACTED] 04

SUBJECT: [REDACTED] 03 04
[REDACTED]
[REDACTED]
[REDACTED]

DATE AND TIME: This phone interview took place on January 22, 2013 between 1200 hours and 1215 hours.

ACTION TAKEN:

On 01/22/13, I was assigned to contact [REDACTED] 04 regarding information he may have about Nancy and/or Adam Lanza. At approximately 1200 hours, I spoke to [REDACTED] 04 via phone. [REDACTED] 04 indicated that he has been reading about the Sandy Hook Elementary Shootings and wanted to relay some information which he believed could answer questions about the Lanzas. [REDACTED] 04 stated that he had heard that Nancy was going to bring Adam to Washington state to attend a "special" school. [REDACTED] 04 believed that Nancy may have been planning to attend the Ramtha School of Enlightenment in Yelm, WA. [REDACTED] 04 stated that Ramtha is a survivalist group that was established in 1985. [REDACTED] 04 indicated that his daughter was a member for approximately 10 years. [REDACTED] 04 stated that Nancy Lanza fit the profile of many of the members in that she was a divorcee between 40 and 70 years old. [REDACTED] 04 stated that the belief of the Ramtha is that "Everyone creates their own reality".

THE UNDERSIGNED, AN INVESTIGATOR HAVING BEEN DULY SWORN DEPOSES AND SAYS THAT: I AM THE WRITER OF THE ATTACHED POLICE REPORT PERTAINING TO THIS INCIDENT NUMBER THAT THE INFORMATION CONTAINED THEREIN WAS SECURED AS A RESULT OF (1) MY PERSONAL OBSERVATION AND KNOWLEDGE; OR (2) INFORMATION RELAYED TO ME BY OTHER MEMBERS OF MY POLICE DEPARTMENT OR OF ANOTHER POLICE DEPARTMENT; OR (3) INFORMATION SECURED BY MYSELF OR ANOTHER MEMBER OF A POLICE DEPARTMENT FROM THE PERSON OR PERSONS NAMED OR IDENTIFIED THEREIN, AS INDICATED IN THE ATTACHED REPORT. THAT THE REPORT IS AN ACCURATE STATEMENT OF THE INFORMATION SO RECEIVED BY ME.			
INVESTIGATOR SIGNATURE: ITFC MICHAEL A DOWNS/	INVESTIGATOR I.D.#: 0502	REPORT DATE: 01/23/2013 01:18 pm	SUPERVISOR SIGNATURE: <i>Sgt. [Signature]</i> SUPERVISOR I.D.#: B0



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04 suggested that we check Nancy's book collection for "Ramtha-The White Book", "Behold a Pale Horse" and "Way of the Peaceful Warrior." He stated that those would be good indicators that Nancy was planning to go to the Ramtha School of Enlightenment.

Based on our findings at this point in the investigation, it doesn't seem that 04 was correct in his assumption.

CASE STATUS:

This case remains ACTIVE pending further investigation.

THE UNDERSIGNED, AN INVESTIGATOR HAVING BEEN DULY SWORN DEPOSES AND SAYS THAT: I AM THE WRITER OF THE ATTACHED POLICE REPORT PERTAINING TO THIS INCIDENT NUMBER. THAT THE INFORMATION CONTAINED THEREIN WAS SECURED AS A RESULT OF (1)MY PERSONAL OBSERVATION AND KNOWLEDGE: OR (2)INFORMATION RELAYED TO ME BY OTHER MEMBERS OF MY POLICE DEPARTMENT OR OF ANOTHER POLICE DEPARTMENT:OR (3)INFORMATION SECURED BY MYSELF OR ANOTHER MEMBER OF A POLICE DEPARTMENT FROM THE PERSON OR PERSONS NAMED OR IDENTIFIED THEREIN, AS INDICATED IN THE ATTACHED REPORT. THAT THE REPORT IS AN ACCURATE STATEMENT OF THE INFORMATION SO RECEIVED BY ME.			
INVESTIGATOR SIGNATURE: REC MICHAEL A DOWNS/	INVESTIGATOR I.D.#: 0502	REPORT DATE: 01/23/2013 01:18 pm	SUPERVISOR SIGNATURE: <i>Sgt [Signature]</i>
			SUPERVISOR I.D.#: 130

Downs, Michael

From: Pattberg, Josh
Sent: Tuesday, January 22, 2013 11:19 AM
To: Downs, Michael
Subject: FW: Newtown leads

Mike,
Please put on lead sheets and follow up. Thanks

From: Delvecchia, David
Sent: Tuesday, January 22, 2013 11:18 AM
To: Pattberg, Josh
Subject: Newtown leads

Josh

I had 2 voicemails this am that will require follow up:

04 (?on spelling) 04, 03 claims to have info regarding the Lanza's

04, 03 claims to have had contact with Lanza sounds like on an internet site regarding suicide.

*Lieutenant David DelVecchia
Commanding Officer
Western District Major Crime
452 B Bantam Road
Litchfield, CT 06759
(860) 626-7942*

Ramtha's School of Enlightenment

From Wikipedia, the free encyclopedia

Ramtha's School of Enlightenment (RSE), established in 1988 by J. Z. Knight, is an American-based spiritual school near the rural town of Yelm, Washington. The name "Ramtha" refers to the 35,000 year-old being who Knight claims to channel. The institution has been described as cult-like.^[1]

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History

J. Z. Knight claims that in 1977, an entity named Ramtha began channelling through her. Ramtha, it is claimed, is a 35,000-year old ascended entity from an ancient civilization who has been teaching through Knight about how reality is created and how human beings can create their own personal reality.

Between 1979 and 1988, Knight has been having private sessions with students of Ramtha's teachings, which were called "dialogues". The dialogues were held in 24 cities (including Seattle, Honolulu, New York and Denver), when she decided to found Ramtha's School of Enlightenment, on land which was previously a ranch. By 1995 she had expanded her tours to include other countries in the world, such as Australia, Italy, Japan and South Africa.^[2] It is now a place where students can travel to and attend the more systematically organized lessons, usually staying there over the course of several days, called *retreats*. The campus is located on a property owned by Knight under the umbrella of JZK, Inc. (a corporation by Knight).^[3] The school's 80-acre (320,000 m²) fenced compounds are open only to staff members and students and not to the public.^[3]

In 2007, Knight's profits from the school's activities and from sale of books, tapes, CDs and DVDs had reportedly been around \$2.6 million.^[3]

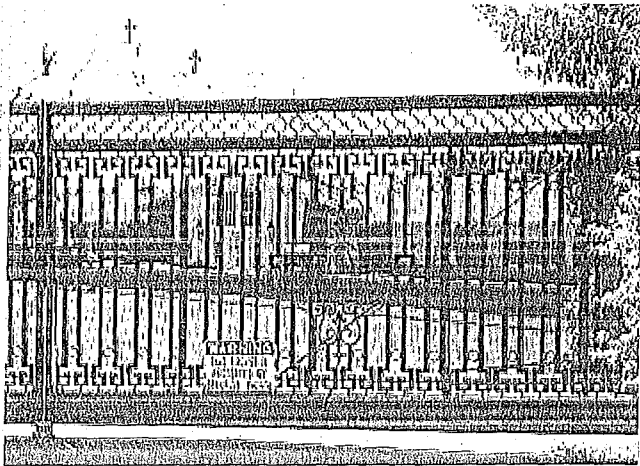
In 2004, various Ramtha school leaders joined community groups to strongly oppose a proposed 75,000-seat NASCAR racetrack in Yelm. The proposal was withdrawn.^[3]

In 2008, lessons were given to the public in more than 20 countries, including the Czech Republic, Romania and Chile for the first time.^[3]

Teachings

See also: J.Z. Knight - Teachings

The school teaches that human beings have the capacity to utilize their inner wisdom, focus their brains, and create their own reality.^[3]



Gate to Ramtha's School of Enlightenment northwest of Yelm, Washington.

The school's curriculum is based on the reputed channelings by Knight of the entity Ramtha.^[4] Although the school has been criticised for being a cult (see below), Knight and her followers deny such claims and say that the school is neither a religion nor a cult.^{[5][6][7]}

Ramtha's School of Enlightenment teachings have been described as part of the New Age movement (the school itself claims to be outside it). A controversial religious scholar, J. Gordon Melton, wrote a book countering this argument called *Finding Enlightenment: Ramtha's School of Ancient Wisdom*.

Lessons in the school's compounds sometimes include wine drinking,^[8] tobacco pipe smoking and dancing to rock 'n roll music. Allegedly, it is being taught that the nitric oxide in red wine (not the alcohol), also found in pipe tobacco (not the nicotine), can help to facilitate changes in the brain as a part of the process in which to achieve these means.^[citation needed]

Through various focus techniques, the students believe they are on their way to becoming as "enlightened" as other shamans who can alter their personal reality at will.^[9] The main activities towards that goal vary from specific focusing, meditation-like techniques, breathing techniques, blindfolded archery, energy healing (for one's self and for someone else), finding the heart of a maze, and many more. The students are taught that human beings can train themselves into such powers that will allow them to levitate, raise the dead, make gold appear in their hand and predict the future. Eventually this may lead to the "ascension" of the physical body into the "light body".^[9]

Other skills allegedly obtained by attending the lessons include psychokinesis, telepathy, clairvoyance, and other ESP skills,^[10] which have been criticized by various skeptics around the world.

The dialogues, and a lot of transcripts from Knight's Ramtha talks, have been compiled and published over the course of many years. Videotapes of various dialogue sessions have also been released. While some of the major themes around the school's teachings are covered in these publications, a more in-depth and systematic presentation of its philosophies and teachings are only accessible by attending a retreat in person.

Research

In February 1997, Knight hosted a conference of scholars who had been studying her, the students and the school for the previous year. During their research phase, they also observed Knight's Ramtha sessions and measured various physiological functions of her body. The researchers examined Ramtha's teachings and the school's practices from a variety of perspectives, including physics, feminism, parapsychology and religion. Melton organized the research. In addition to the conference presenters, Knight invited the media to attend. However, Knight said she did not sponsor the conference to gain publicity or to convince her skeptics.^[11]

Knight paid the travel expenses and stipends for the conference presenters,^[11] which caused some of Knight's critics to suggest she had influenced their research, a contention describe as odious by Joe Bettis,^[12] one of the presenters whose Northwest Research Group partially funded the research phase^[13] but not the conference in which their papers were presented.

Apart from the conference proceedings, two papers were published. In 1998, Stanley Krippner published a paper on the psychological, phenomenological and geomagnetic results of the various studies.^[14] In 2009, Joan Hageman published a paper examining the results of the physiological testing on Knight and six students.^[15]

Controversy and criticism

See also: J.Z. Knight - Controversy and Criticism

Ramtha's School of Enlightenment has been called a cult by various people, including her former husband Jeff Knight,^[16] former personal bodyguard Glenn Cunningham,^[8] former students of the school (such as David McCarthy^[3] or Joe Szimhart^[9]), and skeptic Michael Shermer.^[17] Melton's book, which denies the school's status as a cult,^[18] has been criticized for siding with the school and not providing a neutral description of what is going on within the school. He has also been called a "cult apologist" by various opposers of cults. His position was further criticized when he took the stand as a witness in the case of Knight v. Knight (1992–1995) against Jeff Knight (JZ Knight's husband at the time - see J.Z. Knight court cases), by further supporting that the school is not a cult.^[9]

Former students of the school have accused the RSE of practicing brain-washing and mind-control, as well as using intimidation and fear techniques to keep students in the school. David McCarthy, a student of the RSE between 1989 and 1996, calls Knight a "spiritual predator", and he mentions various parts of the teachings which had an intimidative character, such as the prophecy that unless students remain faithful to Ramtha, they will become prey of the "lizard people", and that the ancient figure of Jehovah would return to earth accompanied by lizard people, in a spaceship.^[3] The former students



Sign along WA 510. The entrance to Ramtha's School of Enlightenment is in the background on the left.

(including David McCarthy and Joe Szimhart) have formed what they call *Life After Ramtha's School of Enlightenment* (also known as LARSE), a community group to provide support for people who have quit the school and find themselves lost.^[19]

A further controversial issue regarding the Ramtha teachings involve the so-called "days to come", which were prophesized earth changes. Instructions reputed as coming from Ramtha were given to the students, telling them to leave the cities, find a place in the country to grow their own food and become sovereign or self-sufficient. Another instruction was told to students to build underground shelters to protect themselves and their families.^[9]

Various incidents within the school's grounds have been characterized as controversial. Glenn Cunningham, in an interview with David McCarthy, describes how, one evening, Knight suggested that all students should stay there overnight because she said it would be "good for the energy". That was before the Great Arena (formerly used as horse stables) had been floored, and as a result there would be a lot of dust in the air. Cunningham says that there was a very old woman among the students, who begged him that she did not want to do this and she wanted to go home, but Ramtha said that she can stay under the protection of Ramtha and her bodyguard. Leaving the arena the following day, the old woman died of pneumonia (due to the dust in the air and humidity).^[8]

Another incident which is mentioned by both Cunningham and Joe Szimhart is the practice of running blindfolded in a large fenced field. Szimhart mentions in particular an occasion around the year 1990, in which about 1,000 blindfolded students were directed to split up and run across the field, with their hands in the "Consciousness & Energy" position in front of them, and the exercise was meant to help the students overcome their fears. Szimhart recalls how many people crashed into each other, and that there were some injuries. A customer of his ended up with a deeply bruised shoulder and a big lump on his forehead. Aside from the minor injuries, a few people had to be treated at the hospital.^{[8][9]}

Related projects

In 2004, three members of the RSE produced a controversial film that combined documentary interviews and a fictional narrative to posit a connection between science and spirituality, called *What the Bleep Do We Know!?*. The film has been criticized by the scientific community^{[20][21][22][23]} due to its mis-representation of quantum physics, and an unnecessary connection to consciousness.^[21] The American Chemical Society's review criticizes the film as a "pseudoscientific docudrama", saying "Among the more outlandish assertions are that people can travel backward in time, and that matter is actually thought."^[23]

See also

- Anti-cult movement
- New Religious Movement
- Pseudoskepticism
- Skepticism

- UK co-ordination website (<http://www.enlightenedmind.co.uk/>)
- JZ Knight's Official Web Site (<http://www.jzknight.com/>)
- EnlightenMeFree (<http://www.enlightenmefree.com/>) - A site set up by former students of the school

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04, 03

04