



**STATE OF CONNECTICUT, DEPARTMENT OF PUBLIC SAFETY-
INVESTIGATION REPORT (DPS-302-E) (REVISED 2/3/06)**

Report #: 1200704559 - 00017458

Report Type: Initial Report: Prosecutors Report: Supplement: Re-open: Assist: Closing:

Attachments: Statements: Teletype: Photos: Sketchmap: Evidence: Other:

CFS NO 1200704559	INCIDENT DATE 12/14/2012	TIME 09:41	INCIDENT DATE 12/14/2012	TIME	PRIMARY OFFICER JEWISS, DANIEL E.	BADGE NO 0336	INVESTIGATING OFFICER KIMBALL, JOHN P.	BADGE NO 0877
INCIDENT ADDRESS 00012 Dickinson Dr/ Newtown 06482					APARTMENT NO	TOWN CD	TYPE OF EXCEPTIONAL CLEARANCE Not Applicable	CASE STATUS Active

STATUS CODE C=COMPLAINANT V=VICTIM A=ARRESTEE J=JUVENILE H=OTHER M=MISSING W=WITNESS O=OFFENDER D=DRIVER S=SUSPECT P=POLICE OFFICER T=TOT

STATUS	NAME	SEX	RACE	D.O.B.	TELEPHONE	ADDRESS	OP STATE & NO.
W	Koenig, Kathleen A	F	W		03	230 S Frontage Rd New Haven CT	

Interview Report: Kathleen Koenig, APRN

On Wednesday December 19, 2012, at approximately 1100 hours, FBI S/A Tim Kobelia and I met with Yale Child Studies Center Advanced Practice Registered Nurse, Kathleen Koenig, who had worked at Yale for the past sixteen years. Yale Associate General Counsel, Matthew Varughese, was present for the interview.

Between the hours of 1115 and 1310 hours, I conducted a verbal interview, which culminated in a written statement, which was notarized by myself and witnessed by S/A Kobelia. Koenig's two-page written statement is attached to this report.

Koenig's statement included the fact that she had conducted four (4) face-to-face meetings with Adam Lanza between 10/24/2006 and 02/07/2007. Koenig also conducted various email and telephone contacts with Adam Lanza's mother, Nancy Lanza, during this period. When Koenig first met with Adam Lanza, he had already been examined by Dr. Robert King, M.D. (See separate Interview Report regarding Dr. King.) Subsequent to 10/24/2006, Koenig learned that Adam Lanza was continuing to be seen by Dr. Paul Fox, M.D., who was characterized by Koenig as Adam Lanza's "Primary Psychiatrist."

Koenig had received information from Dr. King which outlined his belief that Adam Lanza suffered from a profound Autism Spectrum Disorder, with a secondary diagnosis of Obsessive Compulsive Disorder (OCD).

THE UNDERSIGNED, AN INVESTIGATOR HAVING BEEN DULY SWORN DEPOSES AND SAYS THAT: I AM THE WRITER OF THE ATTACHED POLICE REPORT PERTAINING TO THIS INCIDENT NUMBER. THAT THE INFORMATION CONTAINED THEREIN WAS SECURED AS A RESULT OF (1)MY PERSONAL OBSERVATION AND KNOWLEDGE; OR (2)INFORMATION RELAYED TO ME BY OTHER MEMBERS OF MY POLICE DEPARTMENT OR OF ANOTHER POLICE DEPARTMENT;OR (3)INFORMATION SECURED BY MYSELF OR ANOTHER MEMBER OF A POLICE DEPARTMENT FROM THE PERSON OR PERSONS NAMED OR IDENTIFIED THEREIN, AS INDICATED IN THE ATTACHED REPORT. THAT THE REPORT IS AN ACCURATE STATEMENT OF THE INFORMATION SO RECEIVED BY ME.				
INVESTIGATOR SIGNATURE: /TRP JOHN P KIMBALL/	INVESTIGATOR I.D.#: 0877	REPORT DATE: 04/19/2013 02:46 pm 03663	SUPERVISOR SIGNATURE /SGT JOSHUA PATTBERG/	SUPERVISOR I.D.#: 0130



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Koenig expressed her believe that Adam Lanza’s primary diagnosis was OCD, with a secondary diagnosis of Autism Spectrum Disorder.

Koenig stated Adam Lanza’s OCD severely limited his ability to lead a normal, well-adjusted life. She described him as “Emotionally Paralyzed.” Adam Lanza participated in multiple daily rituals – behaviors which he felt compelled to complete – which included the following:

- Sensitivity to light
- Inability to touch doorknobs
- Repeated hand-washing/showering
- Obsessive clothes changing

* Adam Lanza routinely wore the same style clothing (blue polo shirt, khaki pants, 20 sock changes per day) to the degree that Nancy Lanza needed to complete three loads of laundry per day.

-- Distinct avoidance of social interaction – Koenig reported that when Adam Lanza would hear people on the other side of a door, he would wait for them to leave before opening the door.

After speaking with Adam Lanza, Koenig provided Nancy Lanza with two recommendations:

- Koenig prescribed medication: Celexa – anti-depressant/anti-anxiety
- Koenig recommended Adam Lanza participate in follow-up visits

Koenig described Nancy Lanza’s response to her recommendations as “non-compliant.”

Specifically, immediately after prescribing a small dose of Celexa to Adam Lanza, Koenig received a phone call from Nancy Lanza which reported her son was “unable to raise his arm.” Nancy Lanza was reporting her son was attributing this symptom to the medication. Nancy Lanza stated due to her son’s symptoms, he would be discontinuing use of the medication. Koenig attempted to convince Nancy Lanza that the medication was not causing any purported symptoms which Adam Lanza might be experiencing. However, Nancy Lanza was not receptive to Koenig’s reasoning.

Koenig stipulated that during their interactions, Adam Lanza had asked Koenig specific questions about schizophrenia and OCD. Koenig got the

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sense that Adam Lanza was seeking information, but was unwilling to share if he was experiencing any of the symptoms of the disorders. She discussed clinical components of the disorders with Adam Lanza. Koenig also discussed the components of Psychotic Depression with Adam Lanza.

Nancy Lanza also missed at least one scheduled appointment (unknown date), and failed to schedule subsequent appointments for Adam Lanza.

Koenig did contact Dr. Paul Fox and agreed that his behavioral-based therapy would remain the primary course of treatment for Adam Lanza. Koenig planned on continuing to assist Fox in his treatment. However, she stated that Adam Lanza never returned for follow-up visits.

On 12/19/2012 at 1120 hours, Koenig provided me with a sealed manila envelope containing her notes and other paperwork pertaining to Adam Lanza. I transported the paperwork to the Newtown Command Post, where I gave the envelope to Detective Rachel Van Ness at approximately 1420 hours.

Attached: 2-Page Written Statement from Kathleen Koenig (LEAS Doc. # 1200704559-0018355)

Case Status: Case Active

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